



Merry Christmas & Happy New Year 2010



You'll get 5.00 off reg. price of any service we offer for the month of your birthday AND get 5.00 off the purchase of each Christmas-Gift Certificate .

MERRY CHRISTMAS!!!

Calendar

Jan. 9: Reiki for self help/military from 1PM-6PM \$75.00

Jan. 10: CE Class Reflexology II- 10AM to 5:00PM

Jan. 24: Workshop w. Ike West "Power of Woman"
from 2PM-6PM. Price \$55.00

Feb. 21: Reiki Level II- 8hrs CE from 10AM-6PM

Feb. 28: "Crystal Healing" w. Ike West
from 2PM-6PM price \$55.00

March 27/28 : Radiant Heart Healing Level I

w. Dr. Sharon Wesch

Apr. 11: CE Class Aromatherapy w. Dr. Kelly

Apr. 25: Reiki M./Teacher class

w. Ann Richardson

Recurring sessions:

--Meditation for Motivation

and Relaxation: Every 1st Thursday - 6PM

--Reiki Exchange: Every 3rd Wednesday - 6PM

--Reiki Clinic: "Free sessions for everyone"

Every 3rd Saturday - 3PM-5PM

--Basic Reiki for self help/military: Every 2nd Saturday

Call or email for more info!

Hoping that this New Year finds you in good health, peace of mind and great spirit. We are looking forward to serve you in 2010. Offering Massage Therapy with many advanced techniques, Hot Stone Massage, Raindrop Therapy Massage, Reflexology, Hypnosis for Weight Loss and Stop Smoking, Self Image, etc., Medical Hypnosis for pain control, Reiki, Facials and more. Check into our PTSD-Program "Renew U" and book a free consultation! Try a session of "Radiant Heart Healing" with Dr. Sharon Wesch, or an Acupuncture treatment with Joe Chang.

***Always make reservations for classes as soon as possible. Events and class dates are subject to change. So please check our calendar online for the updated schedule or get in touch with us via phone or email for more detailed information.

You're Invited

- *Free Reiki sessions from 3PM to 5PM every 3rd Saturday of the month offered to "Wounded Warrior Soldiers," Active military & veterans & family, also anyone who wants to experience Reiki for the first time, or anyone needing help but can't afford it.*
- *Meditation to relieve your daily stress, learn how to breath, to relax your body & mind, get motivated for a positive outlook in life. Every 1st Thursday evening@6PM (\$12.00/\$7.00 military).*

This Quarters' Spotlight

Eileen "Ike" West is an activist for human consciousness-raising. She is an international teacher, writer and spiritual guide. In her workshops, she exposes potential mindsets that transform intellect to wisdom. West lived her young adulthood with the Hunkpati band of the Dakota tribe, and learned from there that people are best motivated to preserve earth's gifts when fully acquainted with her core essence, or planetary soul. Through her work she encourages an innovative trend toward "holistic ecology."

West is the author of the novel "Away from Hannah's Castle," and writes articles for various magazines in the USA and Europe. She is an inspirational speaker who offers far-reaching insight into the most up-to-date dimensions of spirituality. We schedule

Sign up for our classes and workshops!

Learn and benefit from classes like "Power of Woman" or "Working with Crystals" with Ike West, or Radiant Heart Healing classes:

I. Becoming the master of your emotions

II. Healing prenatal emotional wounding

III. Mastering Soul Lessons and Discovering Soul purpose

with Dr. Sharon Wesch, Aroma therapy and Reflexology classes with Dr. M. Kelly, Dr. Usui Reiki classes with Ann and Professional classes for Massage Therapists with different Instructors.